



Enzymes – use in Food production

EIT Food course

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Dr. Hildur Inga Sveinsdóttir, Matís
Research scientist



Matís activities

Research and
innovation projects



Analytical
services



Public safety and
priority services

National reference
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Consulting,
education,
facilities

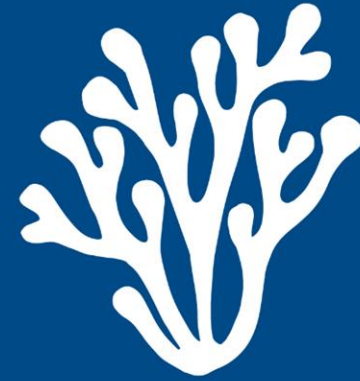


Impact of our research → matis.is



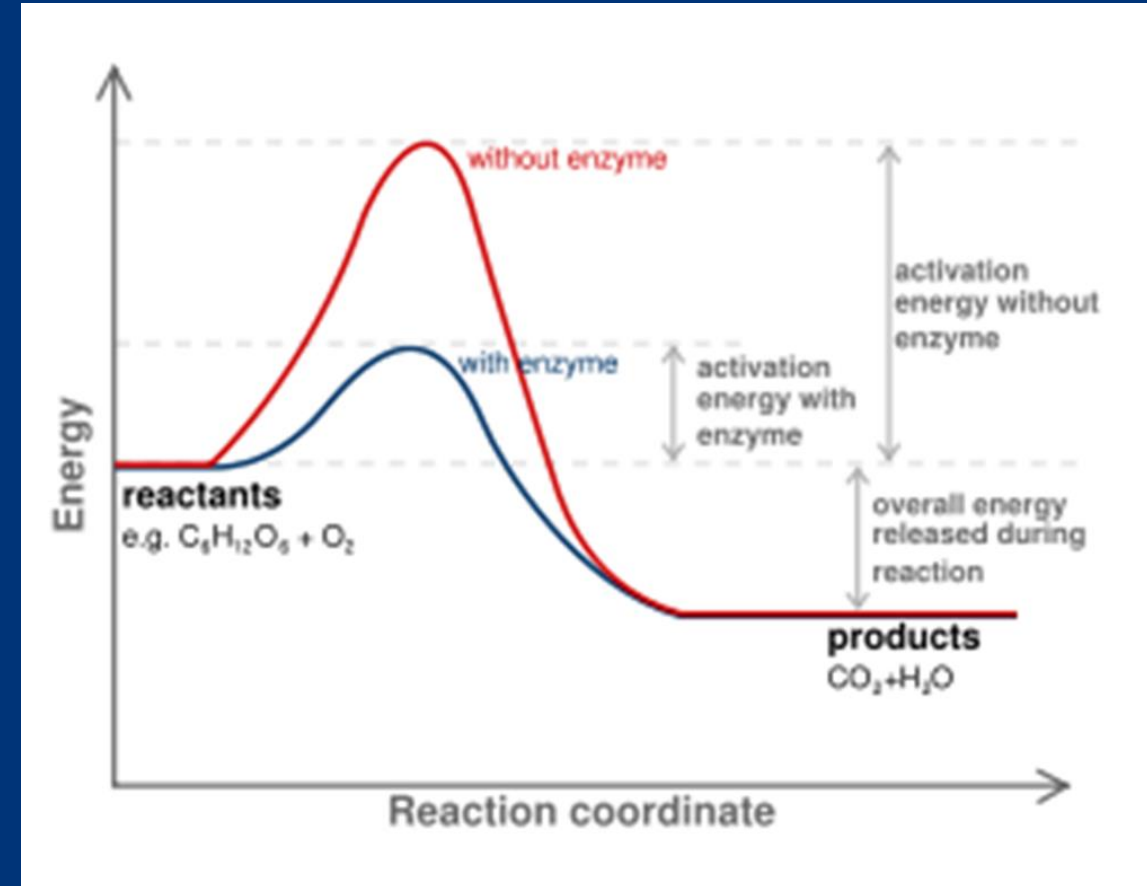
Enzymes - definition

- Enzymes are **proteins** that increase the rate of reaction by lowering the energy of activation
- They **catalyse** nearly all the chemical reactions taking place in the cells of the body
- Not altered or consumed during reaction
- Reusable



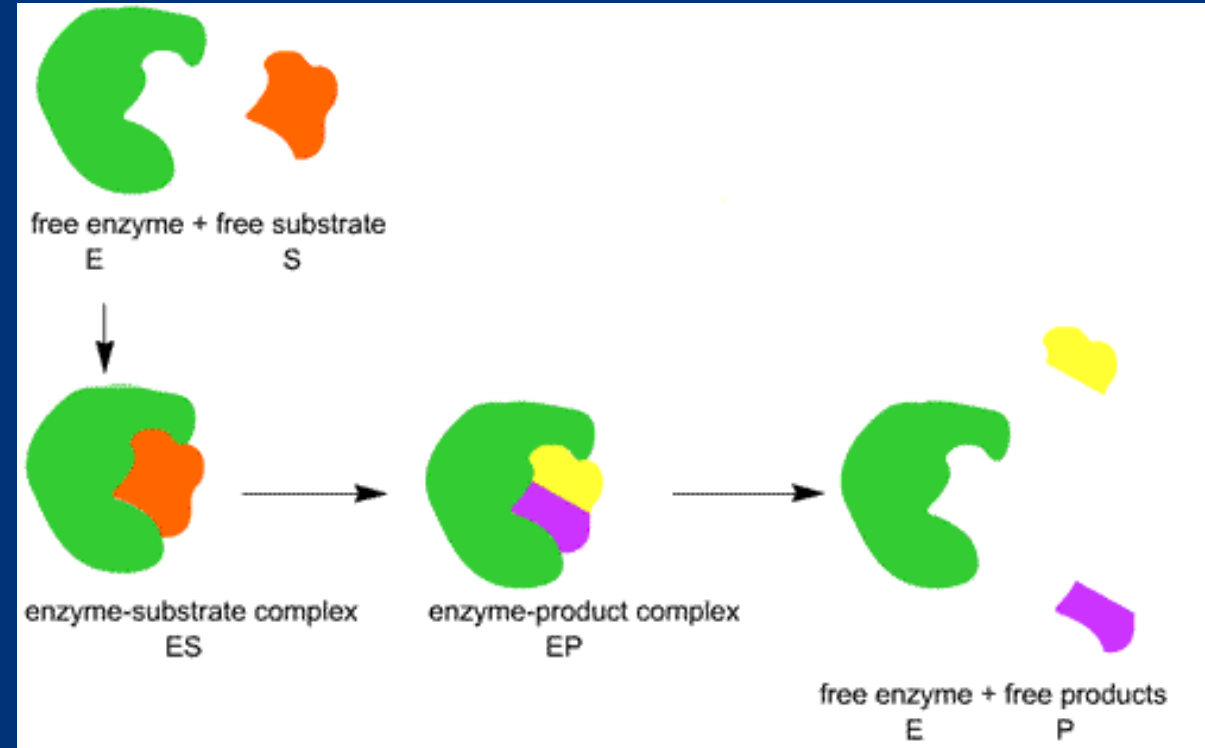
Activation energy

- Like all catalysts, enzymes work by lowering the activation energy (E_a or ΔG^\ddagger) for a reaction, thus dramatically accelerating the rate of the reaction.
- Most enzyme reaction rates are **millions** of times faster than those of comparable uncatalyzed reactions.



Enzymatic reaction

- **Enzymes**
 - ✓ Proteins that accelerate chemical reactions [E]
- **Molecules called**
 - ✓ Substrates [S]
 - ✓ Products [P]



Enzymes - classes

Oxidoreductases

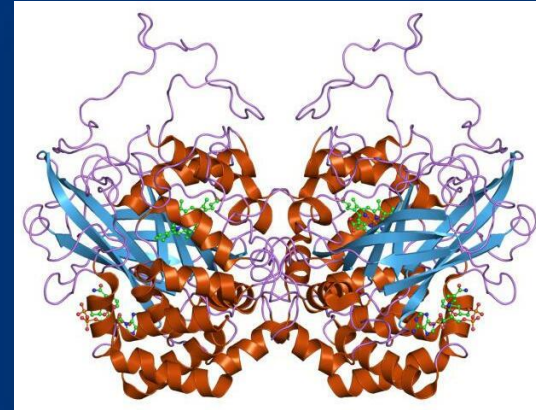
Transferases

Hydrolases

Lyases

Isomerases

Ligases



Catalase (Oxireductase)



Serine protease

Pictures from Wikipedia

Types of enzymes used in food production

Class	Enzyme	Role
Oxidoreductases	Glucose oxidase Laccases Lipoxygenase	Dough Clarification of juices, flavour enhancer (beer) Dough strengthening, bread whitening
Transferases	Cyclodextrin Fructosyltransferase Transglutaminase	Cyclodextrin production Synthesis of fructose oligomers Modification of viscoelastic properties, dough processing, meat processing
Lyases	Acetolactate decarboxylase	Beer maturation
Isomerases	Xylose (Glucose) isomerase	Glucose isomerization to fructose
Hydrolases Next slide	

From: Fernandes 2010. <https://doi.org/10.4061%2F2010%2F862537>

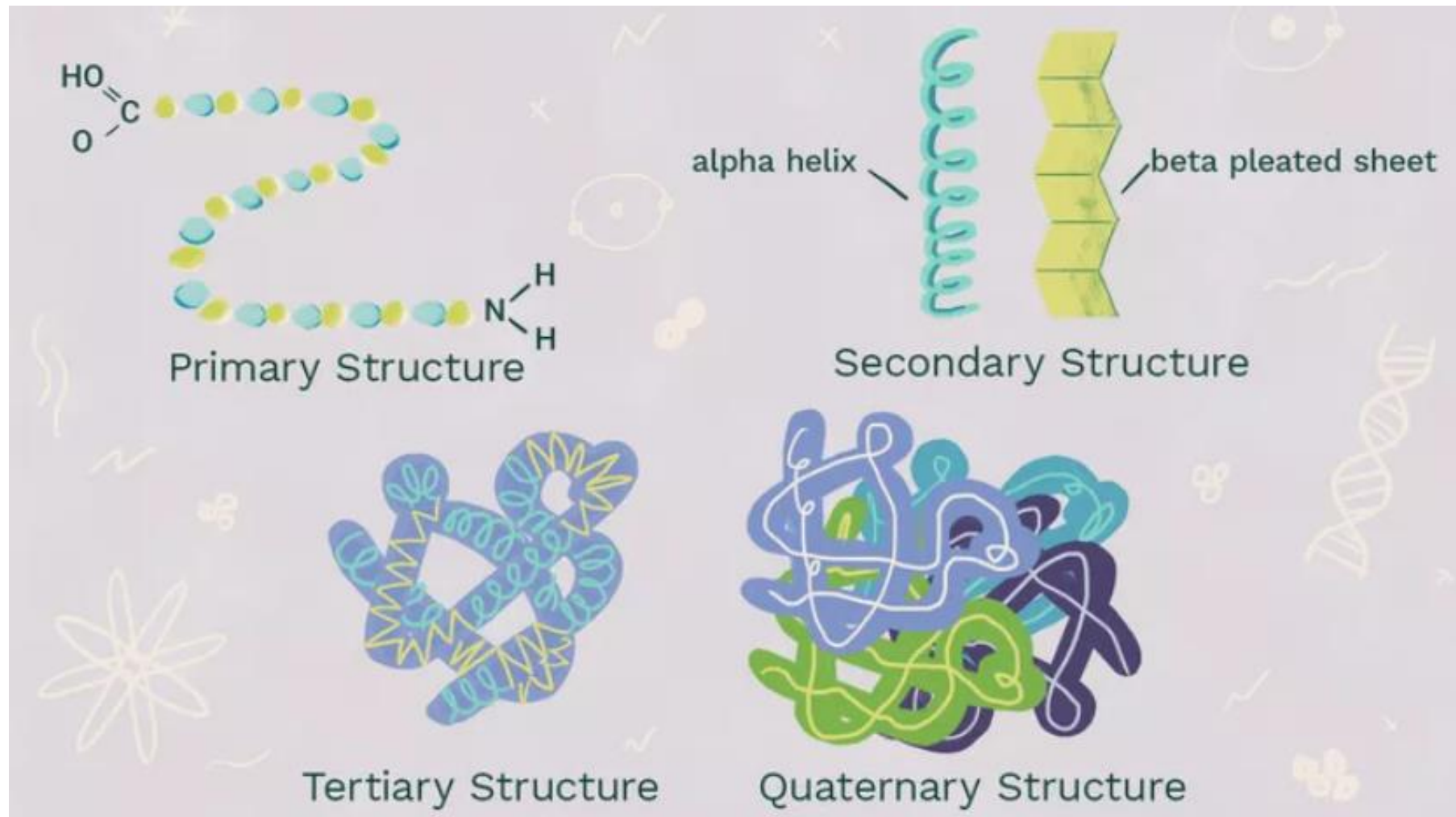
Hydrolases have many roles in food production

Enzyme	Role
Amylases	Starch liquefaction and saccharification
	Increasing shelf life and improving quality by retaining moist, elastic and soft nature
	Bread softness and volume, flour adjustment, ensuring uniform yeast fermentation
	Juice treatment, low calorie beer
Galactosidase	Viscosity reduction in lupins and grain legumes used in animal feed, enhanced digestibility
Glucanase	Viscosity reduction in barley and oats used in animal feed, enhanced digestibility
Glucoamylase	Saccharification
Invertase	Sucrose hydrolysis, production of invert sugar syrup
Lactase	Lactose hydrolysis, whey hydrolysis
Lipase	Cheese flavour, in-situ emulsification for dough conditioning, support for lipid digestion in young animals, synthesis of aromatic molecules

Hydrolases have many roles in food production (2/2)

Enzyme	Role
Amylases	Starch liquefaction and saccharification
Proteases	Protein hydrolysis, milk clotting, low-allergenic infant-food formulation, enhanced digestibility and utilization, flavour improvement in milk and cheese, meat tenderizer, prevention of chill haze formation in brewing
Pectinase	Mash treatment, juice clarification
Peptidase	Hydrolysis of proteins (namely, soy, gluten) for savoury flavours, cheese ripening
Phospholipase	In-situ emulsification for dough conditioning
Phytases	Release of phosphate from phytate, enhanced digestibility
Pullulanase	Saccharification
Xylanases	Viscosity reduction, enhanced digestibility, dough conditioning

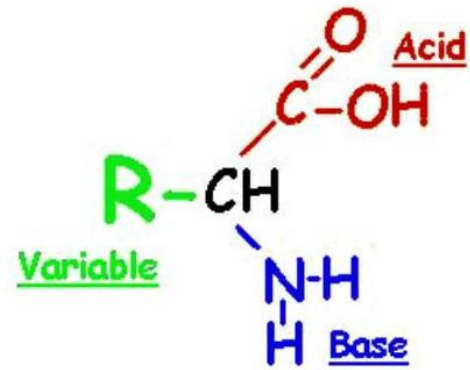
Types of protein structures



<https://www.thoughtco.com/protein-structure-373563>

Amino-acids

Proteins
are made
from
amino
acids



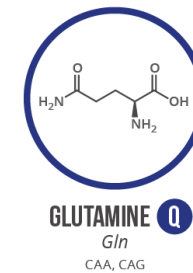
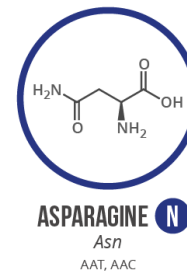
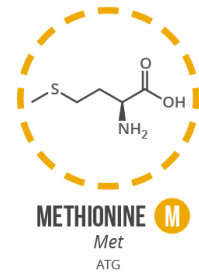
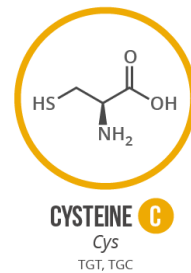
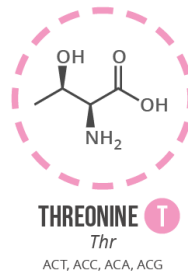
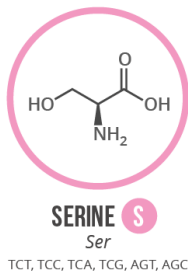
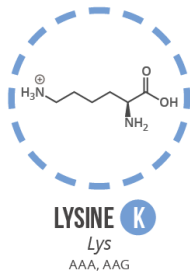
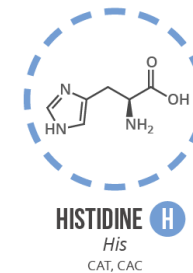
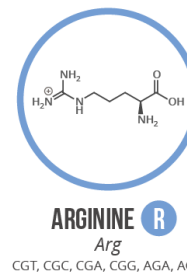
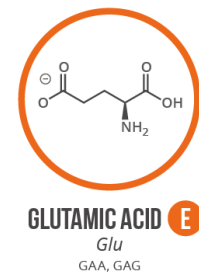
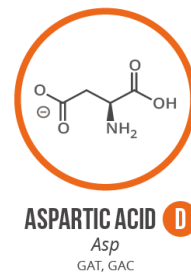
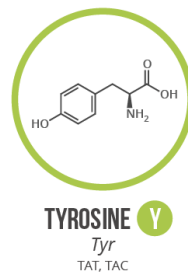
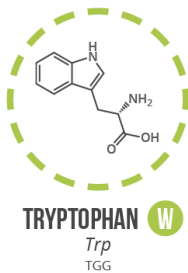
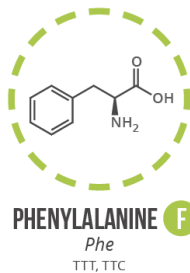
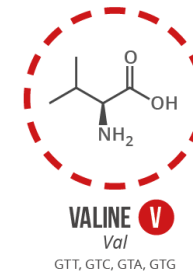
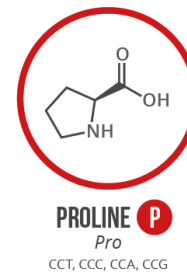
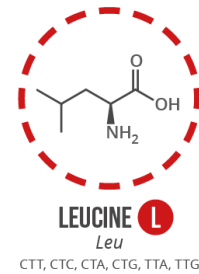
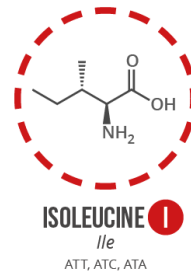
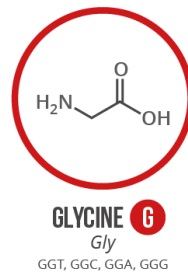
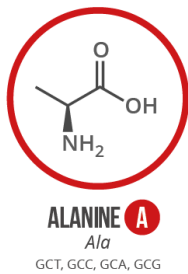
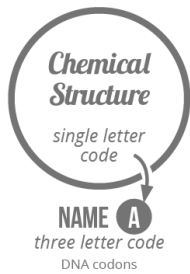
A theoretical amino acid



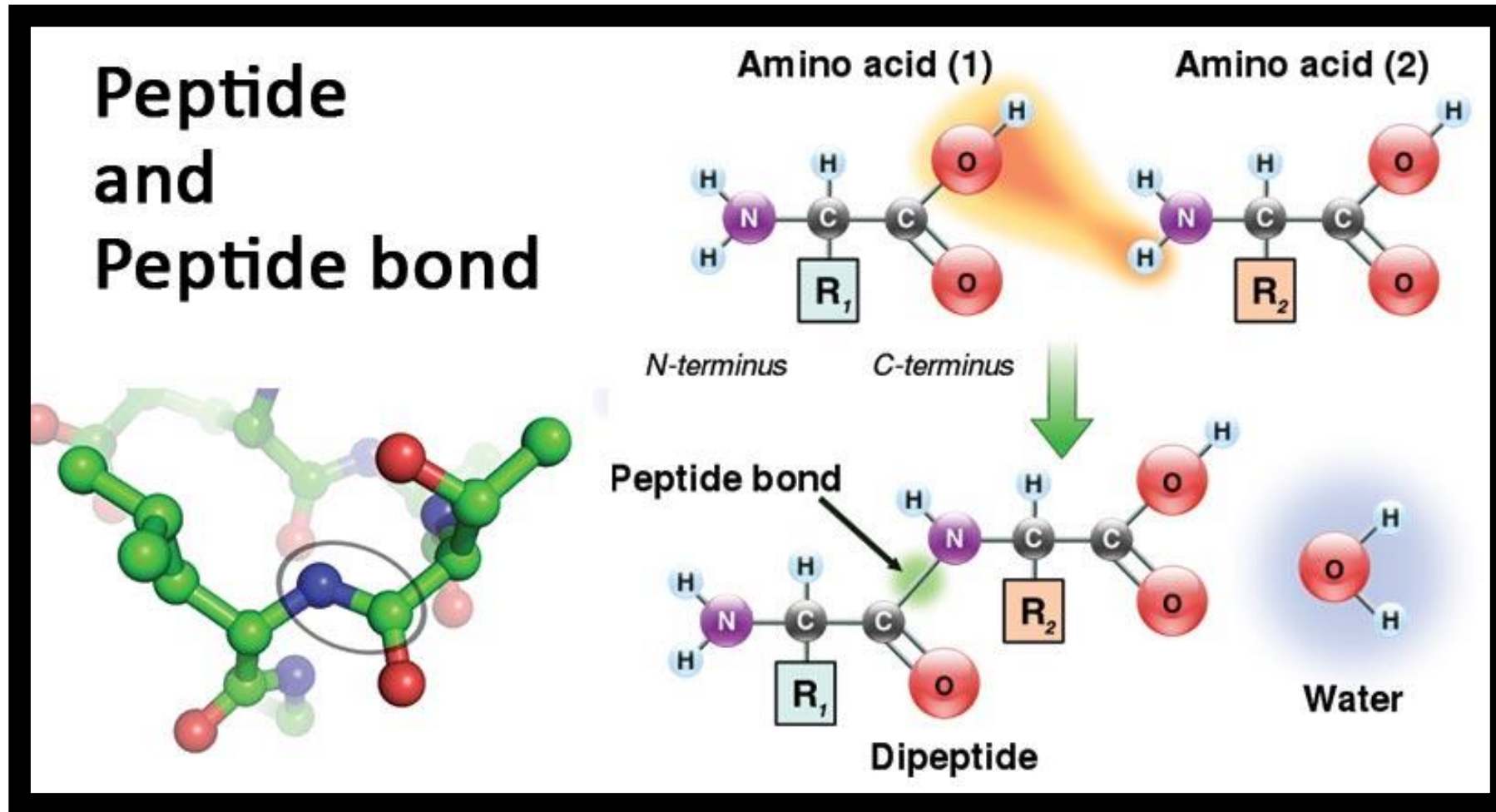
A GUIDE TO THE TWENTY COMMON AMINO ACIDS

AMINO ACIDS ARE THE BUILDING BLOCKS OF PROTEINS IN LIVING ORGANISMS. THERE ARE OVER 500 AMINO ACIDS FOUND IN NATURE - HOWEVER, THE HUMAN GENETIC CODE ONLY DIRECTLY ENCODES 20. 'ESSENTIAL' AMINO ACIDS MUST BE OBTAINED FROM THE DIET, WHILST NON-ESSENTIAL AMINO ACIDS CAN BE SYNTHESISED IN THE BODY.

Chart Key: ● ALIPHATIC ● AROMATIC ● ACIDIC ● BASIC ● HYDROXYLIC ● SULFUR-CONTAINING ● AMIDIC ○ NON-ESSENTIAL ○ ESSENTIAL



Amino-acids and peptide bond



<https://microbenotes.com/peptide-bond/>

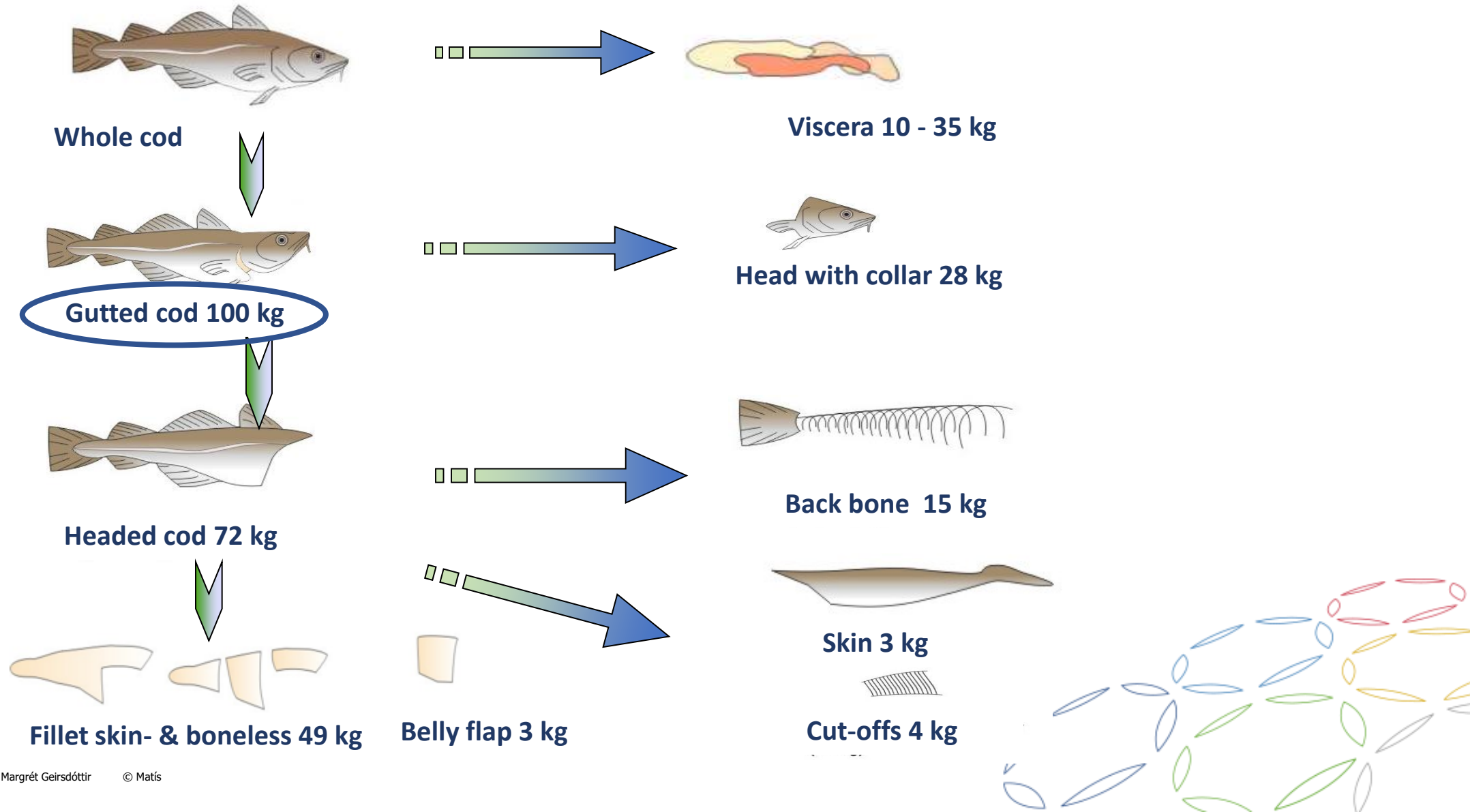


Cod – example of use of enzymes in food



Production of cod fillet

Side streams



codland



fish
oil

collagen

dried
products

calcium

fillets

fish
meal



100 % C O D

Fish enzyme from the intestines




ZYMETECH



Fish skin



Cod skin, collagen and peptides



Enzymes - hydrolysis

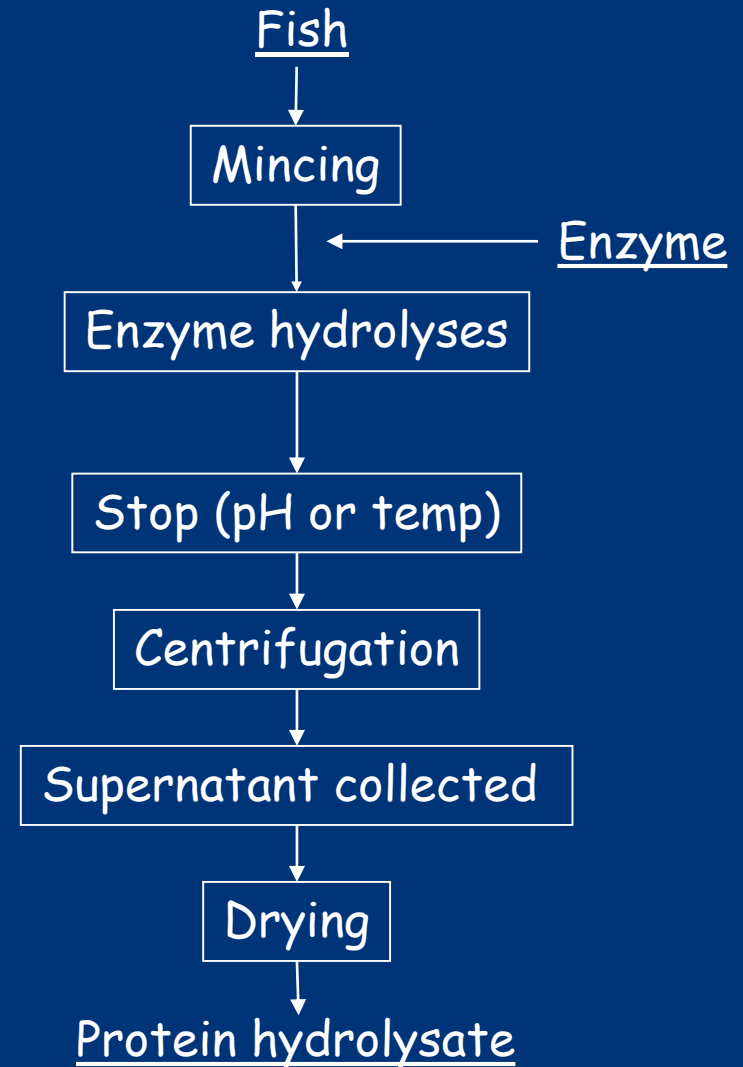
Pre-process?

Enzyme to use?

Conditions (pH, T, t, E/S)

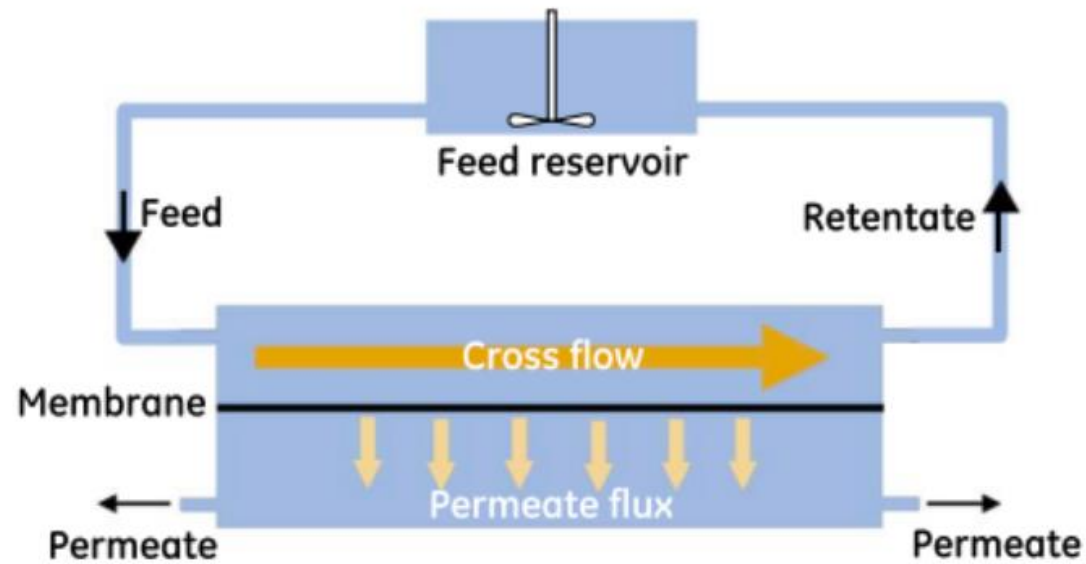
How to stop hydrolysis?

Post treatment?



Fractionation

- Tangential flow filtration
 - ✓ 30 kDa, 10 kDa and 5 kDa



Bioactive properties

- Antioxidation

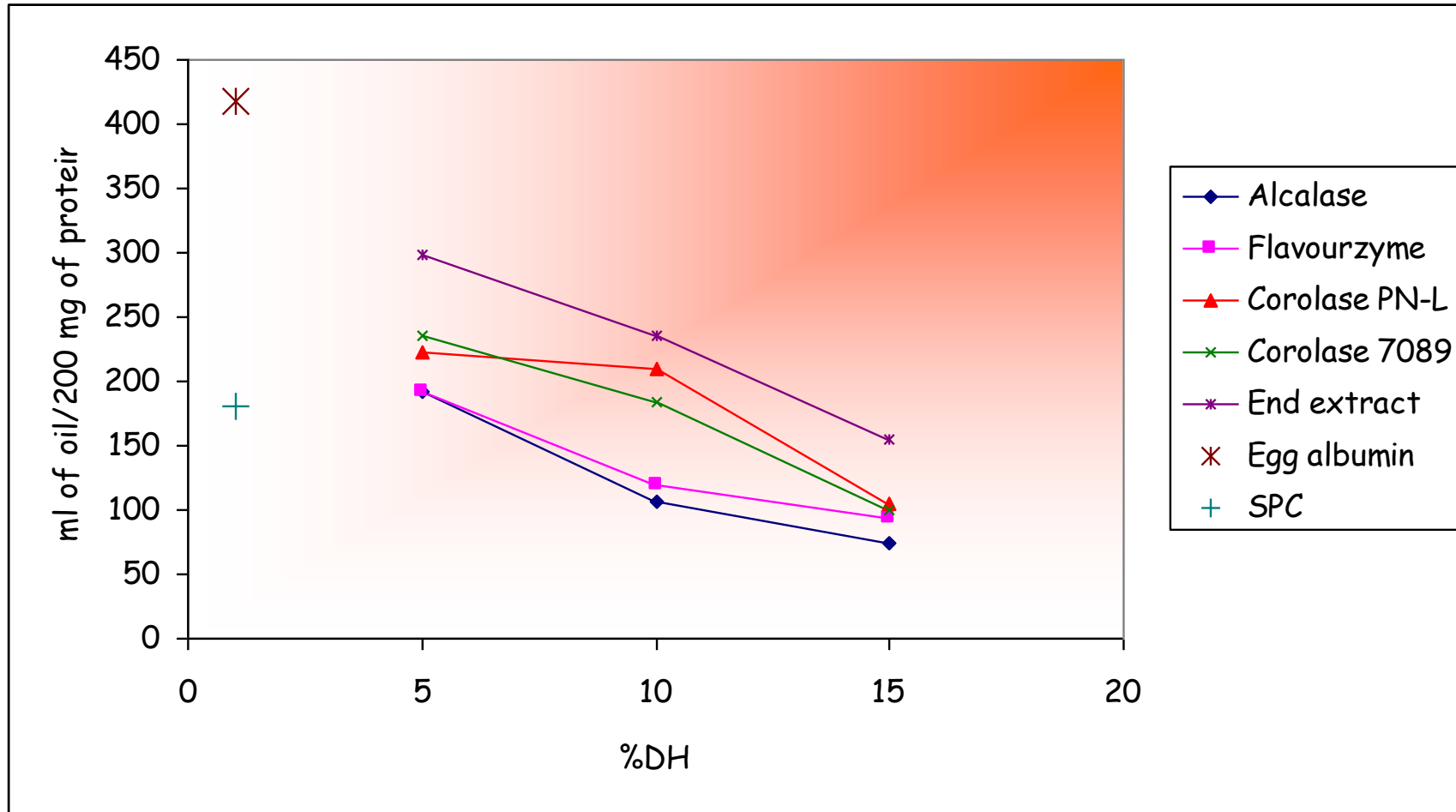
- ✓ ORAC – Oxygen Radical Absorbance Capacity
- ✓ MC – Metal Chelating
- ✓ RP – Reducing Power

- Enzyme inhibition

- ✓ Alpha amylase and alpha – glucosidase
- ✓ ACE - Angiotensin Converting Enzyme
- ✓ Elastase and collagenase

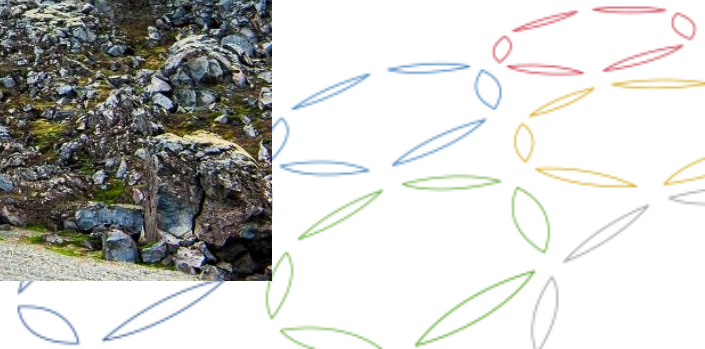


Emulsifying capacity



- Smaller peptides => less emulsifying capacity
- Salmon hydrolysate

Examples of Icelandic products on the market with fish protein hydrolysates.



Protis – fish protein hydrolysates



Feel Iceland products



AGE REWIND SKIN THERAPY



AMINO MARINE COLLAGEN



AMINO MARINE COLLAGEN



JOINT REWIND - JOINT THERAPY

COLLAB

KOLLAGEN Í ÞREMUR FRÍSKANDI BRAGÐ-TEGUNDUM

COLLAB er frískandi drykkur með viðbættu kollageni. Drykkurinn byggir algjörlega á íslensku hugviti og er þróaður í samstarfi við íslenska nýsköpunarfyritækið FEEL Iceland. Drykkurinn fæst í þremur frískandi bragðtegundum: Límonu og yllibólma, mangó og fersku og hindberja og apríkósu.

COLLAB er þróaður fyrir metnaðarfullt fólk sem vill sífellt bæta sig á líkama og sál og því færir hann þér góðan skammt af kollageni, einu umtalaðasta fæðubótarefni okkar tíma. Hann inniheldur líka ríkulegt magn af virkum efnum en er án allra kolvetna og sykurs. Hver dósi inniheldur 105mg koffín og 6 mismunandi B-vítamín - og að sjálfsgöðu lært íslenskt vatn.

Kollagen er eitt helsta og nauðsynlegasta uppbyggingarprótein mannskamans en framleiðsla þess innvortis minnkar með aldrinum. Kollagenið í COLLAB inniheldur 18 mismunandi aminosýrur, þar af 8 sem líkaminn framleiðir ekki sjálfur. Próteiníð sem notað er í COLLAB kemur frá FEEL Iceland sem hefur getið sér gott orð fyrir kollagen vörulínu sína sem unnið er úr íslensku hráefni.

Skráðu þig á póstinum

**KOLLAGEN
KOFFÍN
SYKURLAUST**



Thanks for you attention

