**Application Form**

1. **Personal data**

|  |  |
| --- | --- |
| **First name** |  |
| **Last name** |  |
| **Sex** | Female  Male |
| **Date of birth (dd/mm/yy)** |  |
| **Place of residence**  **(country, city)** |  |
| **Home institution (place of employment/ faculty/ institute, address)** |  |
| **Academic position, title** | PhD student, …………..  Scientific staff, ………….. |
| **Title of the doctoral dissertation** *(for PhD)* **or didactic/research area** *(for scientific staff)* |  |
| **E-mail** |  |
| **Contact Phone number** |  |

1. **Mobility detailes**

|  |  |  |
| --- | --- | --- |
| **Exchange action (choose max 1 option)** | Active participation in a foreign conference (including e.g. participation in a poster session and flash talk;  Obtaining materials for a doctoral dissertation/scientific article;  Taking measurements using unique equipment, including the use of large research infrastructure that is unavailable at home institution (difficult to access);  Participation in short forms of education, i.e. courses, workshops, professional or industrial internships, study visits;  Participation in trainings (including training on entrepreneurship or implementation activities);  Conducting research in archive/libraries;  Participation in brokerage meetings/events;  Conducting teaching classes;  Participation in preparation of an international grant application;  Participation in other short forms of education aiming at increasing competences of a project participant. | |
| **Host institution / Department / Supervisor** | Institute of Animal Reproduction and Food Research of the Polish Academy of Sciences in Olsztyn / ….*………..* / ….*………..* | |
| **Planned period of exchange (yyyy-mm-dd)** | from:  to: | |
| **Estimated activity costs (in PLN)** | Duration (in days) including travel (max 2 days): |  |
| Living allowance\*: |  |
| Distance in a straight line between the place of residence of a participant and Olsztyn (in km): |  |
| Cost of travel\*: |  |
| Estimated total costs: |  |

*\* according to the flat rates applicable under the Programme see Table 1 and Table 2 at the end   
of the application form*

|  |
| --- |
| 1. **Short description of activities to be carried out in the project** *(max 200 words)* |
|  |
| 1. **Justification of the need of exchange activity related to your PhD dissertation or research work** *(max. 500 words)* |
|  |
| 1. **Measurable results of the candidate’s participation in the programme** *(e.g. scientific publications, continuation of cooperation with the host institution, joint applications for research projects and possible benefits for future research. max. 200 words)* |
|  |
| 1. **Expected impact of participation in the programme on the scientific career of the candidate and international cooperation at the home University** *(max 200 words)* |
|  |
| 1. **Planned outcomes: knowledge, skills and competences to be acquired** |
|  |
| 1. **Scientific achivements of the candidate** *(publications, conference, communications and lectures, patents, awards, research projects’ implementation, etc***.** *during* academic year *2018/2019*) |
|  |

**Attachments** (must be in English)**:**

* + Cover letter.
  + Opinion of the supervisor / head of the department from home institution (it concerns PhD students).
  + CV with a list of academic achievements.
  + Certificate confirming the status of PhD student from the home Institution.

I hereby declare that:

* I have read and accept the Regulations for the recruitment to the PROM program at the Institute of Animal Reproduction and Food Research PAS in Olsztyn.
* I do not use of any other source of financing for the same activities.
* I agree to participate in evaluation examinations conducted at the request of NAWA (Polish National Agency for Academic Exchange) during the Project and within 3 years after its completion.
* Being aware of criminal liability for any false or misleading statement I confirm that the data and information I provided in the application form are correct and true.

|  |  |
| --- | --- |
| *Place and date* | *Candidate’s Signature* |
| …………………………………………………… | ………………………………………………….. |
|  |  |
|  |  |
| *Place and date* | *Supervisor’s signature (for PhD student)*  *Head of the department/Supervisor (for Staff)* |
| …………………………………………………… | ………………………………………………….. |

**Consent for the processing of common personal data  
by Institute of Animal Reproduction and Food Research of the Polish Academy of Sciences**

I hereby give my consent for the processing of my personal data by the Institute of Animal Reproduction and Food Research of the Polish Academy of Sciences, Tuwima 10, 10-748 Olsztyn, Poland, for the purpose of Project “PROM - International scholarships exchange of doctoral students and academic staff”.

The withdrawal of consent shall not affect the lawfulness of processing based on your consent before its withdrawal.

………………………………………………..…

*(legible signature)*

**Table 1.** Travel expenses, health insurance, third party liability insurance, accident insurance, visa fees or fees associated with legalisation of stay

|  |  |
| --- | --- |
| The distance in a straight line between the Participant’s place of residence and the location of their stay (in km)**[[1]](#footnote-1)** | Flat rate per person |
| less than 500 | PLN 1 000 |
| 500 – 999 | PLN 2 000 |
| 1 000 – 2 999 | PLN 3 000 |
| 3 000 – 6 000 | PLN 4 000 |
| more than 6 000 | PLN 5 000 |

**Tabele no 2.** Living allowance

|  |  |  |
| --- | --- | --- |
| **Number of days of stay[[2]](#footnote-2)** | In the case of visiting OECD countries, as well as cities in non-OECD countries in the top 50 of the MERCER report**[[3]](#footnote-3)** | In the case of the other countries |
| 5 | PLN 4 000 | PLN 3 000 |
| 6 | PLN 4 420 | PLN 3 260 |
| 7 | PLN 4 840 | PLN 3 520 |
| 8 | PLN 5 260 | PLN 3 780 |
| 9 | PLN 5 680 | PLN 4 040 |
| 10 | PLN 6 100 | PLN 4 300 |
| 11 | PLN 6 520 | PLN 4 560 |
| 12 | PLN 6 940 | PLN 4 820 |
| 13 | PLN 7 360 | PLN 5 080 |
| 14 | PLN 7 780 | PLN 5 340 |
| 15 | PLN 8 200 | PLN 5 600 |
| 16 | PLN 8 450 | PLN 5 760 |
| 17 | PLN 8 700 | PLN 5 920 |
| 18 | PLN 8 950 | PLN 6 080 |
| 19 | PLN 9 200 | PLN 6 240 |
| 20 | PLN 9 450 | PLN 6 400 |
| 21 | PLN 9 700 | PLN 6 560 |
| 22 | PLN 9 950 | PLN 6 720 |
| 23 | PLN 10 200 | PLN 6 880 |
| 24 | PLN 10 450 | PLN 7 040 |
| 25 | PLN 10 700 | PLN 7 200 |
| 26 | PLN 10 950 | PLN 7 360 |
| 27 | PLN 11 200 | PLN 7 520 |
| 28 | PLN 11 450 | PLN 7 680 |
| 29 | PLN 11 700 | PLN 7 840 |
| 30 | PLN 12 000 | PLN 8 000 |

1. Distance calculator: <https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_pl> [↑](#footnote-ref-1)
2. Number of days of an event in which a participat takes part + the maximum of 2 days (one day to arrive at the location of education and 1 day to return) [↑](#footnote-ref-2)
3. Mercer report: <https://mobilityexchange.mercer.com/Insights/cost-of-living-rankings> [↑](#footnote-ref-3)